

# DEPT OF PUBLIC SOCIAL SERVICES (DPSS)

2017 Culture of Health Employee Needs and Program Interest Survey Results

COUNTY OF RIVERSIDE



**EMPLOYEES RESPONDED**



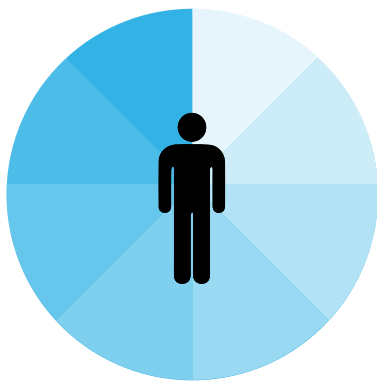
**60** individuals "strongly interested" in being Culture of Health ambassadors



**Fewer employees are taking their breaks**

59% compared to 60% in 2015

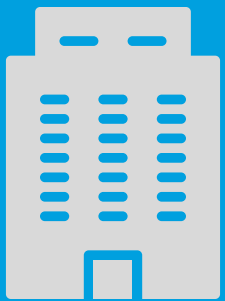
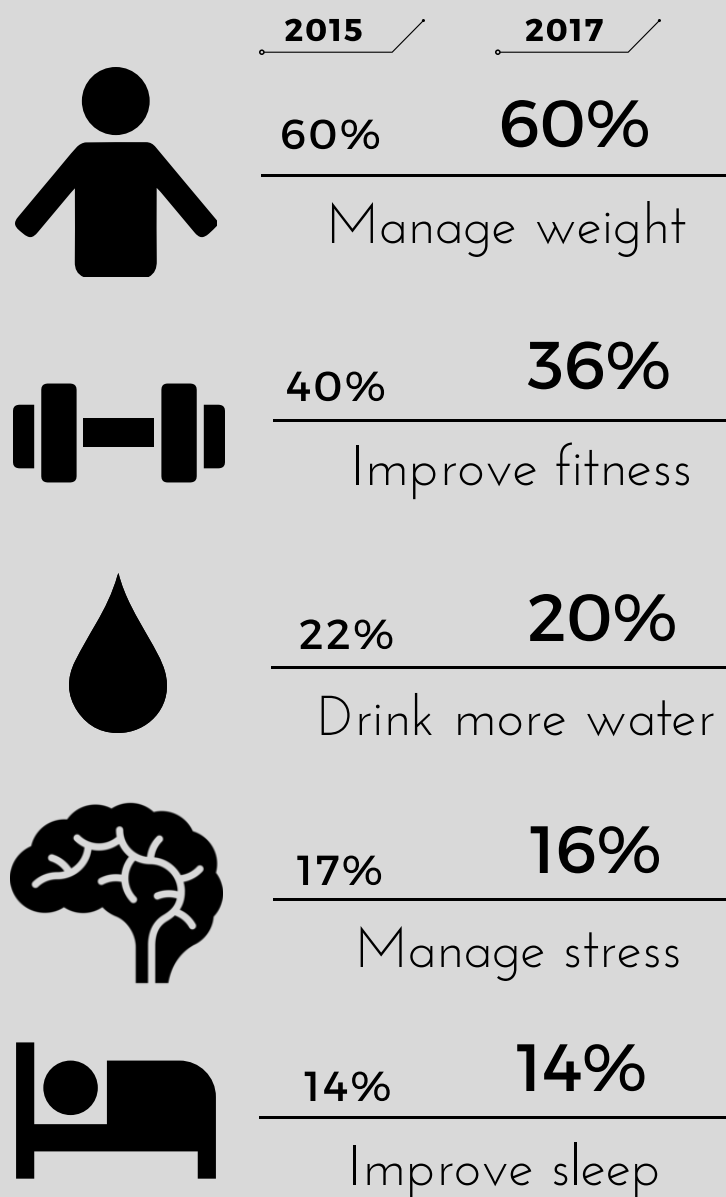
Taking breaks helps us stay focused, increase creativity, feel recharged, and prevent fatigue!



**Most reported stress level "slightly high": 40%** (an increase from 2015)

All reported stress levels remained at or about the same as 2015

## Top 5 Personal Health Goals



Well-being is highly linked to engagement! Employees reported an increase in how well they feel DPSS is encouraging health behaviors.

**47% are extremely or highly likely to recommend working at COR**

**56% are extremely or highly satisfied working at COR**

### Stay in the Know

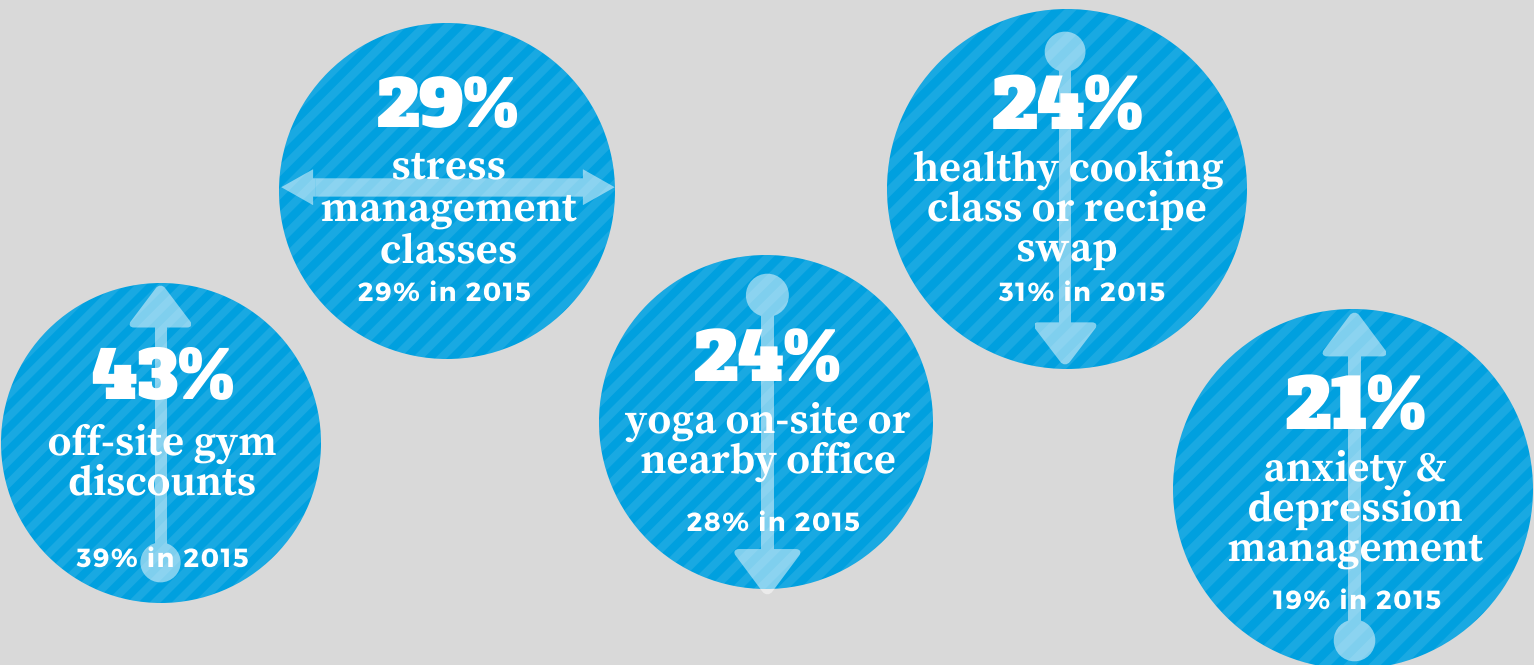
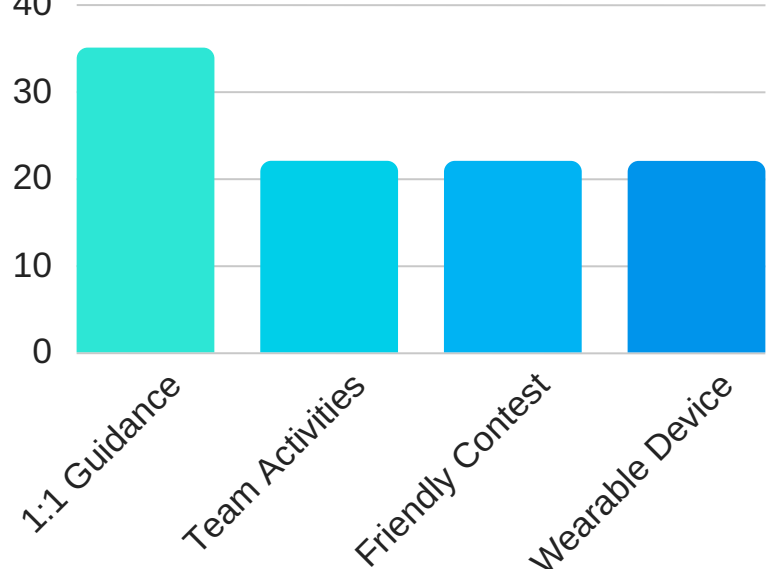
The following County resources are here to support your well-being!

- Healthy Meetings & Activity Guidelines
- Board Policy for Use of County Facilities for Well-Being Activities
- Telemedicine from Amwell
- Farmers Markets

For resources from other County departments, visit Culture of Health's website

## Most Appealing Features of a Well-Being Program

in addition to "easy to do/convenient"



## Activities You'll Most Likely Participate In